Consumerism

Made by: Students of Arta

Definition

Consumerism is the idea that increasing the consumption of goods and services purchased in the market is always a desirable goal.

How to stop it

- Stop buying fast purchasing.
- Use your products more.
- Give a second hand to products.
- Reduce the number of products you buy.
- Repair the broken objects that can be used again.
- Stop fashion trends

Water Waste

Definition

Water waste it's when we consume more water than needed, so we end up wasting it.

How to fight it

· Spend less time in the shower
·Make the most of each laundry
·Closing the tap while you clean your taps

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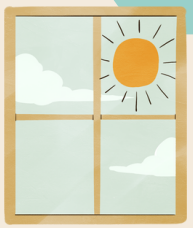
SOLAR ENERGY

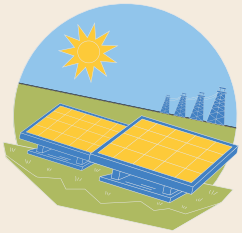
Solar energy is radiant energy emitted by the sun. This energy is reusable and can be a substitution for non-renewable sources.

Use Led lightbulbs

Take profit of solar light to get energy by solar panels.

Take profit of the natural sunlight by preparing buildings with a lot of light entrances.





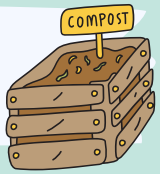
Food Waste

Food that is fit for consumption but consciously discarded at the retail or consumption phases

Store food appropriately

Buy unappealing food

Compost organic leftovers



Don't throw away leftovers

Plan your meals, make a list

Be responsable - Be Healty -
Buy BIO - Eat more vegertarian

Erasmus+

Contact us!

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CLOTHES WASTING

1 GIVE SECOND-HAND CLOTHES ANOTHER LIFE

2 PREFER QUALITY OVER QUANTITY

3 CUSTOMIZE CLOTHES

4 CHECK THE BRANDS YOU BUY